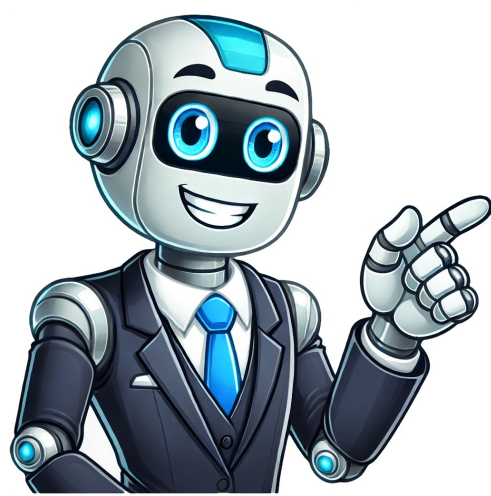


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A: A concussion happens when you get hit in the head hard enough to cause a transient disturbance of brain function or causes your brain not to function normally. You experience symptoms ranging from headache, dizziness or nausea to feeling confused or out of it. Why is the temple a weak spot? While these skull bones are “relatively strong,” though thin, Anwar tells Mental Floss, the point at which they meet is the weakest point because there’s no solid bone beneath them. “As such, this area is at risk with direct horizontal blows.” Why is part of the head called the temple? Roughly corresponding to what we all know as the temple, this place – which takes its name from the Greek pteron, meaning wing (think of Hermes with wings attached to this part of his head) – is the junction of four separate skull bones, the frontal, parietal, temporal and sphenoid. Why is your temple so sensitive? Due to the nature of this arrangement, it is considered to be the weakest part of the skull. Due to the weak structure of the skull and the sensitive arterial system underneath this area, the ‘temple’ is a prime area for inducing trauma to the brain. How long after hitting your temple are you safe? In fact, experts now recognize rest as an essential part of recovering from a mild head injury, especially during the first three to five days. But if you don’t fit this criteria, see your healthcare provider right away. Even without any symptoms of a serious concussion, it’s best to err on the side of caution. What religion is the temple? Religions which erect temples include Christianity (whose temples are typically called churches), Hinduism (whose temples are known as Mandirs), Buddhism (which can sometimes be commonly referred to as Monastery), Sikhism (whose temples are called Gurdwaras), Jainism (whose temples are sometimes called Derasar), Islam (... Does your temple have bones? The temple is a juncture where four skull bones fuse together: the frontal, parietal, temporal, and sphenoid. It is located on the side of the head behind the eye between the forehead and the ear. Is the temple part of the face or scalp? What is the weakest part of the skull? The pterion is known as the weakest part of the skull. The anterior division of the middle meningeal artery runs underneath the pterion. Where is the weakest part of the skull? The pterion is known as the weakest part of the skull. The anterior division of the middle meningeal artery runs underneath the pterion. Consequently, a traumatic blow to the pterion may rupture the middle meningeal artery causing an epidural haematoma. What is the most painful part of the body? The forehead and fingertips are the most sensitive parts to pain, according to the first map created by scientists of how the ability to feel pain varies across the human body. Where is the temple located in the head? The temple is a juncture where four skull bones fuse together: the frontal, parietal, temporal, and sphenoid. It is located on the side of the head behind the eye between the forehead and the ear. The temporal muscle covers this area and is used during mastication. Cladists classify land vertebrates based on... Where are the temples and parietal ridges located? The term parietal ridge refers to the bony ridge along the upper sides of the head. The Parietal Ridge begins approximately three finger-widths above the top of the ear. Temple: The Temples are the small areas just above and in front of the ears on each side of the head. They are pulse points for blood flow and flex points for the facial muscles. Why do I have hollow temples in my face? As the years go by, the face gradually begins to lose fat and tissue volume. Over time, this creates a gaunt, angular appearance. Those patients who are athletic or lean experience even more hollowing in the temple area as the years go by. Along with volume loss, aging also causes the skin to lose elasticity. Which is part of the jaw covers the temple? The temporal muscle covers this area and is used during mastication. Cladists classify land vertebrates based on the presence of an upper hole, a lower hole, both, or neither in the cover of dermal bone that formerly covered the temporalis muscle, whose origin is the temple and whose insertion is the jaw. Before giving first aid to a person who has banged their temple on a hard surface, you must observe their breathing patterns and the amount of bleeding emitting from the wound. In certain instances, you may have to provide CPR if the victim’s breathing is restricted, and in no instance should you shake the person. Precautions such as preventing washing the head and waiting for emergency medical services to handle the situation are important. While symptoms such as dizziness and headaches are to be expected after knocking your temple, you may need medical attention if such symptoms persist or worsen. A CT scan would be the best way to identify any brain hemorrhages, while prolonged rest is mandatory when experiencing concussions. The temple is a sort of latch where four of our skull bones meet, and it’s located between the forehead and ear. Unlike the other areas of the head, the temple is known as a focal area for inducing trauma to the brain. This is because of the weak structure that it holds in the skull, and a highly sensitive arterial system beneath this temple area, which is why hitting the temple against the edge of a table should not be simply ignored. How do you give first aid for temple injury? What should you stay away from after hitting your temple? What are the symptoms of head injury? What types of head injuries can occur from a blow to the temple, and how do you treat such injuries? At what point can you stop worrying about the injury on your temple? If you hit your temple on the corner of the table, the higher chance is that you’ve had a mild blow as the human skull has an exceptionally strong exterior. However, if someone has received a relatively heavy blow, you need to take immediate action in providing first aid. The first and foremost rule is to observe the victim’s breathing and airway. If needed, you may have to provide CPR or rescue breathing to the victim. Secondly, suppose the person’s breathing is normal, yet the person is unconscious. In that case, you’ll have to stabilize the head and neck by keeping your hands on the sides of the victim’s head, holding the head upright, and preventing any motion while waiting for the arrival of medical emergency services. Thirdly, if you notice any bleeding occurring, you’ll need to find a clean piece of cloth, place it over the wound and apply pressure. It’s important not to remove this piece of cloth even if it gets drenched in blood. In such an instance, you can place another layer of clothing over the first one. Fourthly, if the person is vomiting or choking, you’ll need to gently roll the person onto their side, firmly holding their head, neck, and body intact to ease the vomiting process. If none of such symptoms are shown, and the temple area begins to swell, you can apply a cold compress to the swollen areas. Do not let the ice directly touch the skin, and wrap it in a towel instead. If you’ve hit your temple on a hard surface, not doing certain things is equally important as first aid. The following list shows what to stay away from while you wait for medical help: Refrain from washing a head wound that has cut deep and is heavily bleeding. You should always consult with your doctor before washing your head after a head injury. Do not move a person who has undergone a head injury. It’s important to wait for professional medical services to come to you in such instances. Avoid cleaning any debris or removing any object sticking out of a head wound by yourself. If the person who had the head injury seems to be in a daze or shows a lack of response to the surrounding, don’t shake the person. If a helmet has been worn at the time of injury, don’t remove the helmet if you have doubts about the severity of the head injury. Refrain from consuming any alcohol until 2 days after a bad head injury. While mild head injuries may not require treatment, don’t ignore any severe symptoms that you may have in balance and other aspects, as symptoms can show up even a few hours after the initial injury. If you’ve banged your temple on the edge of a table, you experience singing in your ears, neck pain, and vision problems that fade with time. Your injury is probably mild and nothing to worry about. But since the head is an intricate part of our body, it’s important to stay alert about even minor changes after a blow to the temple. The following list contains the signs and symptoms to watch out for in case of head injury. Dizziness and disorientation – These are typical symptoms that you’ll experience after a blow to your temple. It may even include problems with focusing and remembering. However, if these symptoms last for more than a week, you might have to get yourself checked. Headaches – This is also quite normal given that you’ve knocked your head against a relatively hard surface. However, if headaches develop into intolerable migraines, you might have to go for a checkup to ensure you don’t have a concussion or brain damage. Nausea – Vomiting after a blow to your head is normal. But repeated vomiting and persisting nausea would require a closer look at the hospital. Changes in behavior – Signs of sudden anger and confusion can be a symptom of neurological consequences of traumatic brain injury, as published in a 2011 review by the US National Library of Medicine. Seizures – Severe head injuries can even cause seizures. This is uncommon and is seen in 2% to 17% of patients with head injuries, according to a 2015 study. Pupil change – If the pupils are dilated and bigger than usual or are different sizes, it could signify a bad head injury. In fact, The US National Library of Medicine states that acute pupillary dilation in a head-injured patient can be a neurological emergency and needs immediate medical aid. When considering the severe impacts of knocking your temple against a hard surface or edge, various head and brain complications could occur, as clearly shown in the given table. Types of head injuriesHow to treat such head injuriesHematoma – This occurs due to blood clotting inside blood vessels. Most of the time, hematomas go away on their own after the blood debris is removed and the blood vessel wall is repaired. Sometimes, surgical removal of blood is required. Hemorrhage – When there’s uncontrollable bleeding around, and within the brain tissues, it’s known as hemorrhaging. As brain hemorrhage is quite severe, surgery will be needed to end the bleeding and swelling. Doctors might also prescribe painkillers and osmotic to minimize swelling. Edema – This is when you’ve had a brain injury that leads to intense swelling. Doctors may opt for various treatment procedures such as osmotherapy, diuretics, surgical decompression, and hyperventilation to control the swelling. Concussion – This happens when you knock your head so hard that it has led to a brain injury. Brain concussions can range from mild to severe. Whichever it may be, prolonged rest is the most essential treatment for concussion as the brain starts to recover with time. Skull Fracture – When the skull is not capable of withstanding the pressure from the blow, it might cause a fracture that can cause damage to the brain as well. While skull fractures might need surgery, the hospital will often ask you to get admitted so they can pay close attention to your symptoms and assess the medication required. It’s normal to feel paranoid after hitting your temple hard against the corner of a table. Since brain injuries are intricate and can be hard to notice and associate with the symptoms you’re experiencing, it’s difficult to assume whether you feel they are mild or severe. So, what exactly can you do to clarify your doubts? After a head injury, you can confirm any internal bleeding in your head by getting a CT scan. A CT scan can help reveal any internal bleeding that might’ve occurred, and from that, you can decide whether surgery is needed. However, when it comes to concussions and mild brain injuries, CT scans are ineffective as brain injuries are microscopic and therefore not visible in such scans. Yet you might continue to experience symptoms involved with concussions. You may experience sleeping issues, drowsiness, irritation, headaches, fatigue, sensitivity to light, and cognitive issues. You need to realize that most symptoms of mild traumatic brain injuries tend to recover by themselves with time, and rest, plays an essential role in this recovery. So, the best you can do is make sure you take a break from work for a few weeks to recover while following other home remedies such as staying hydrated and eating foods with more protein and lots of antioxidants. The temple being a weak spot to us all when compared with other areas of the head such as foreheads, needs attention when it comes to head injuries and accidents. After you bang your temple against an edge of a table or hard surface, if you’re experiencing mild symptoms, you can always turn to countless home remedies like taking painkillers and using icepacks over swollen areas. Having light food and drinking in moderation will also be helpful. You can also take extra precautions by getting a scan done and arranging for someone to stay with you for the rest of the day if you need some assistance. It’s important not to be alone for a few days, and of course, the key ingredient for recovery will be rest. Hit My Temple On The Corner Of A TableAccidents can happen anytime, anywhere, and sometimes they can result in injuries that require immediate attention. If you hit your temple on a corner of a table, it can be a serious injury that needs to be treated promptly. Here are some first aid tips and things to avoid doing after a temple injury. The temple area of the head is highly sensitive and has many blood vessels, making it a potential site for severe bleeding. If you hit your temple on a corner of a table, the first thing to do is to apply pressure to the affected area with a clean cloth or gauze pad. This will help to stop bleeding and prevent further injury. Hold the cloth in place for several minutes until the bleeding stops or until help arrives. It is important not to touch the injured area or rub it vigorously. Doing so may cause further damage to the delicate tissue under the temple. It is also important to avoid applying ice or cold compress to the temple area, as this may cause vasoconstriction and limit blood flow to the affected area, which can delay the healing process. If the injury is severe, it is important to seek medical attention immediately. Symptoms of a severe temple injury may include loss of consciousness, severe pain, dizziness, nausea, or vomiting. If you experience any of these symptoms after hitting your temple on a corner of a table, call for emergency medical assistance or go to the nearest emergency room. After a temple injury, it is important to rest and avoid any strenuous activity or exercise for at least a few days. The head is a delicate part of the body, and any further impact or jarring motion may cause further injury. It is also important to avoid consuming alcohol or taking any medication that may thin the blood, such as aspirin, as this may increase the risk of bleeding. In conclusion, hitting your temple on a corner of a table can be a serious injury that requires prompt attention. Remember to apply pressure to the affected area to stop bleeding, avoid touching or rubbing the injury, and seek medical attention if necessary. Rest and avoid strenuous activity to promote healing, and avoid consuming alcohol or medication that may thin the blood. With proper first aid and care, most temple injuries can heal within a few days to a few weeks. If you hit your temple on a corner of a table, it can be a painful and potentially dangerous injury. The temple is a sensitive area of the head, and any injury to this region can cause significant discomfort and even lead to serious complications. Therefore, it’s essential to know how to give first aid for a temple injury to prevent further damage. The first step in giving first aid for a temple injury is to assess the severity of the injury. If you hit your temple on a corner of a table and experience severe pain, dizziness, or blurred vision, seek medical attention immediately. However, if the injury is not severe, you can begin to treat it at home. The next step is to clean the wound. Gently wash the affected area with clean water and mild soap. Use a soft cloth or cotton ball to avoid further irritation to the wound. Remember, it’s crucial to be gentle as the temple area is delicate. Once the wound is cleaned, apply a cold compress to the area. You can use a bag of ice or a cold, wet cloth. The cold temperature can help reduce swelling and alleviate pain. Apply the cold compress to the temple area for about 10-15 minutes at a time. It’s also important to rest and take it easy after a temple injury. Avoid any strenuous activities or movements that could further aggravate the injury. Resting and relaxing can help your body recover from the injury more quickly. Finally, monitor the injury for any signs of infection or other complications. If the wound becomes red, swollen, or warm to the touch, seek medical attention immediately. These are signs of infection, which can be dangerous if left untreated. In conclusion, if you hit your temple on a corner of a table, it’s important to take immediate action to prevent further damage. Clean the wound, apply a cold compress, rest, and monitor for signs of infection or other complications. With proper first aid and care, you can recover from a temple injury and prevent more severe complications. What not to do after hitting your head hard on the edge of a table?If you hit your temple on a corner of a table, it can be a painful and potentially dangerous injury. It’s important to know what to do to treat the injury, but it’s also essential to know what not to do. Here are some things you should avoid doing after hitting your head hard on the edge of a table. Firstly, do not ignore the injury. Even if the injury seems minor, it’s important to take it seriously. The temple is a sensitive area of the head, and any injury to this region can cause significant discomfort and even lead to serious complications. Therefore, it’s crucial to seek medical attention if you experience severe pain, dizziness, or blurred vision. Secondly, do not remove any foreign objects from the wound. If there are any foreign objects, such as broken glass or wood, in the wound, do not attempt to remove them yourself. Instead, seek medical attention immediately. Trying to remove foreign objects yourself can cause further damage to the wound and increase the risk of infection. Thirdly, do not apply heat to the injury. Applying heat to the temple area can increase swelling and inflammation, which can cause further damage and delay healing. Therefore, avoid using heat packs, hot water bottles, or any other form of heat therapy. Fourthly, do not consume alcohol or take any medication that can thin your blood. Alcohol and blood-thinning medication can increase the risk of bleeding and delay the healing process. Therefore, avoid consuming alcohol and consult your doctor before taking any medication after a head injury. Finally, do not engage in any activities that could further aggravate the injury. Resting and relaxing can help your body recover from the injury more quickly. In conclusion, if you hit your temple on a corner of a table, it’s important to know what not to do to prevent further damage. Do not ignore the injury, remove any foreign objects, apply heat to the injury, consume alcohol or take any medication that can thin your blood, or engage in any activities that can cause further head trauma. With proper care and caution, you can recover from a temple injury and prevent more severe complications. If you hit your temple on a corner of a table, you may experience symptoms of a head injury. The temple is a sensitive area of the head, and any injury to this region can cause significant discomfort and even lead to serious complications. Therefore, it’s crucial to know the symptoms of a head injury after a blow to your temple. PainThe first symptom of a head injury after a blow to your temple is pain. You may experience severe pain at the site of the injury, which can radiate to other parts of your head. The pain may be constant or intermittent, and it may increase when you move your head or perform any physical activity. SwellingThe second symptom is swelling. You may notice swelling or a bump at the site of the injury. The swelling may be tender to the touch, and it may be accompanied by bruising or discoloration. DizzinessThe third symptom is dizziness. You may feel lightheaded or dizzy after a blow to your temple. You may also experience vertigo, which is a spinning sensation that can make you feel off-balance or unsteady on your feet. Nausea or vomitingThe fourth symptom is nausea or vomiting. You may feel nauseous or vomit after a head injury, especially if it’s severe. This is a sign that the injury has affected your brain and requires immediate medical attention. Confusion or disorientationThe fifth symptom is confusion or disorientation. You may feel confused or disoriented after a head injury. You may have difficulty remembering things or concentrating, and you may feel as though you’re in a fog. Light or noiseThe sixth symptom is sensitivity to light or noise. You may feel sensitive to light or noise after a head injury. These symptoms include pain, swelling, dizziness, nausea or vomiting, confusion or disorientation, and sensitivity to light or noise. If you experience any of these symptoms, seek medical attention immediately. With proper treatment, you can recover from a temple injury and prevent more severe complications. If you hit your temple on a corner of a table, you may be at risk for serious outcomes from a head injury. The temple is a sensitive area of the head, and any injury to this region can cause significant discomfort and even lead to serious complications. However, at some point, you may wonder when it’s safe to stop worrying about the hit on your temple. The answer to this question depends on the severity of your injury. If you experienced a mild bump on the temple and did not lose consciousness or experience any significant symptoms, you may not need to worry about the injury beyond the initial discomfort or pain. In this case, applying an ice pack to the area and taking over-the-counter pain medication may be enough to alleviate your symptoms. If you experienced a more significant blow to the temple and have symptoms such as headache, dizziness, or nausea, you should seek medical attention. These symptoms may indicate a more severe injury, such as a concussion or traumatic brain injury. It’s essential to see a doctor to rule out any potential complications and receive appropriate treatment. If you have already seen a doctor for your temple injury, the point at which you can stop worrying depends on the advice of your healthcare provider. They may recommend follow-up appointments or additional tests to monitor your recovery. It’s crucial to follow their advice and report any new or worsening symptoms promptly. In general, if you’re experiencing ongoing symptoms after a hit on your temple, such as headaches, dizziness, or difficulty concentrating, it’s important to continue monitoring your symptoms and seek medical attention as needed. It’s better to err on the side of caution and seek medical attention if you have any concerns about your temple injury. In conclusion, the point at which you can stop worrying about a temple injury and the advice of your healthcare provider are crucial. If you’re experiencing ongoing symptoms, it’s essential to seek medical attention and monitor your symptoms closely. With proper care and caution, you can recover from a temple injury and prevent more severe complications. In conclusion, a hit on your temple from a corner of a table can be a painful and concerning injury. 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