


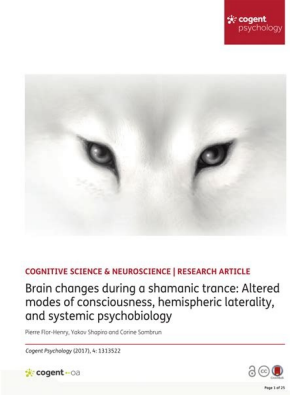
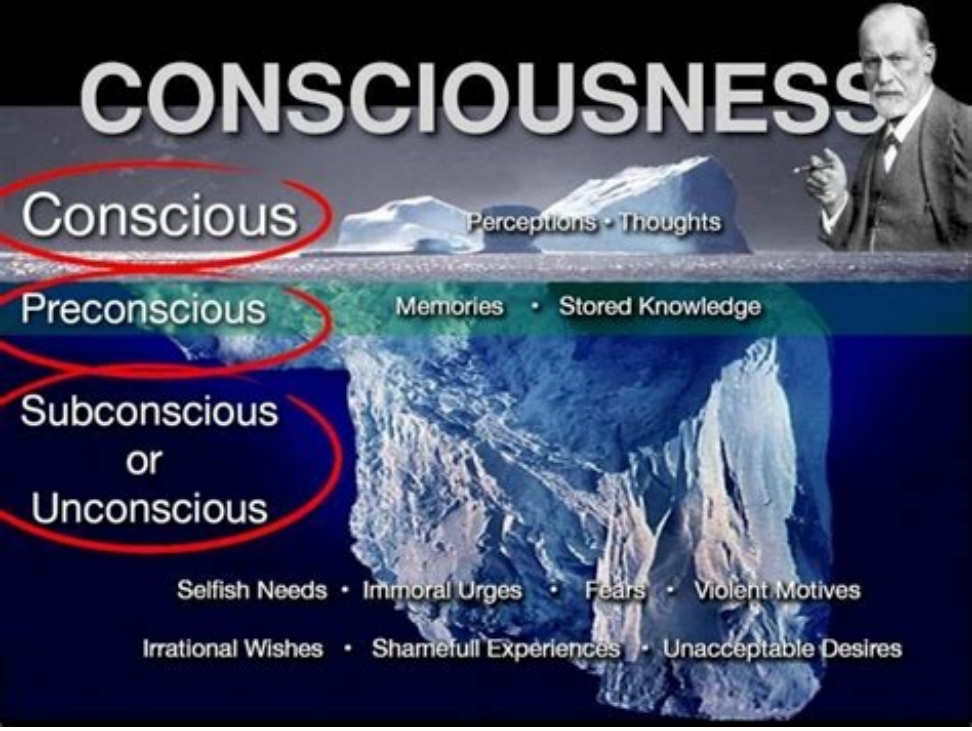
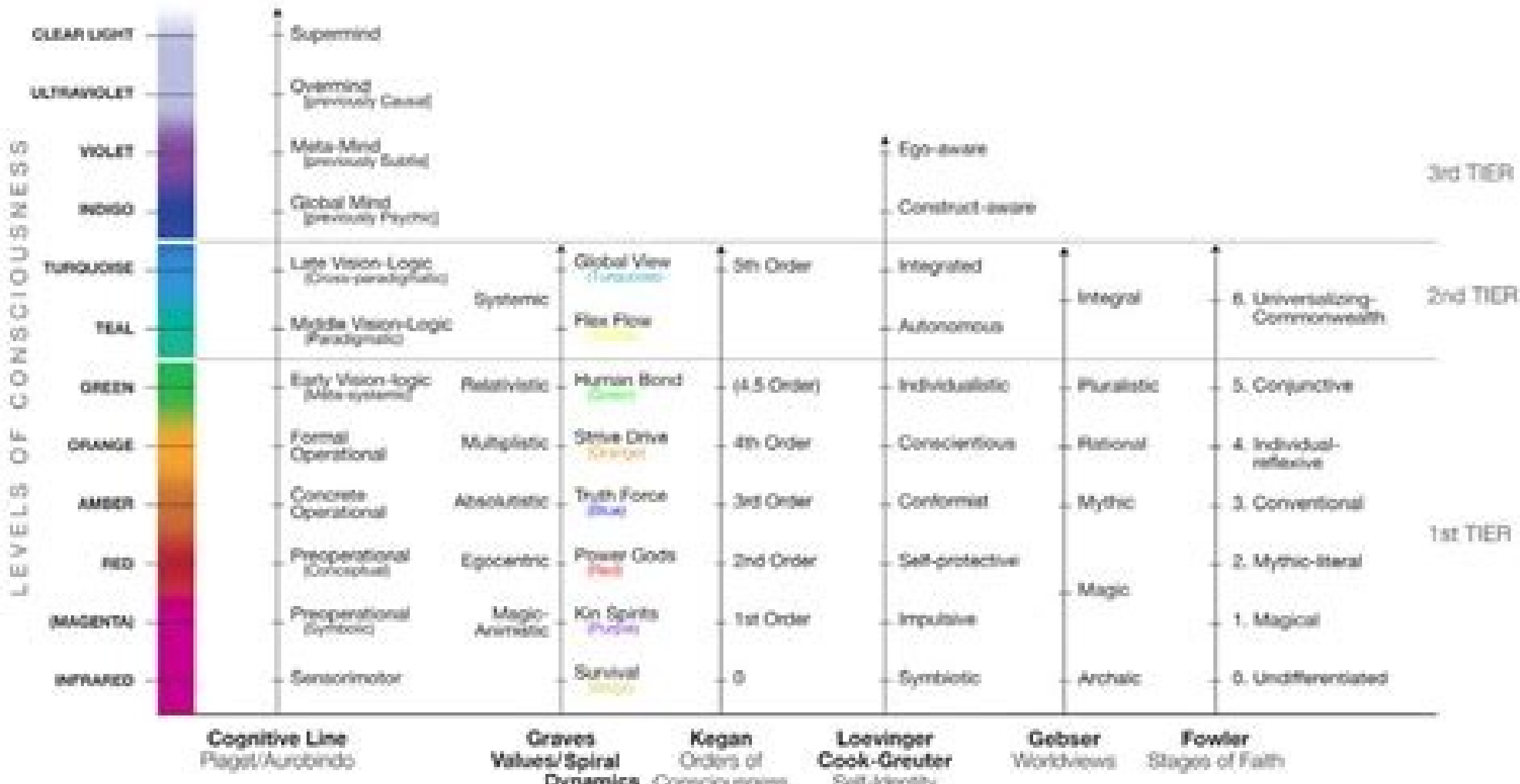
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Brain changes during a thematic focus: Altered states of consciousness, hemispheric laterality, and systemic psychobiology

Anna Lutkajtis

LOST SAINTS: DESACRALISATION, SPIRITUAL ABUSE, AND MAGIC MUSHROOMS

Anna Lutkajtis is a postgraduate researcher at the University of Sydney, Australia. Her research focuses on mysticism, the dark night of the soul, and the healing potential of altered states of consciousness.

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ABSTRACT

Psilocybin containing mushrooms have been used in indigenous healing ceremonies in Mesoamerica since at least the sixteenth century. However, the sacramental use of mushrooms was only discovered by Westerners in the early to mid-twentieth century. Most notably, the meeting between a amateur mycologist Robert Gordon Wasson and Mazatec curandero Maria Sabina in 1955 resulted in the widespread popularisation of ingesting ‘magic mushrooms’ in the West. To Sabina and the Mazatec people, psilocybin mushrooms were sacred and only to be used for healing. However, Western ‘hippies’ viewed mushrooms as psychedelic drugs which they consumed with little regard for cultural sensitivities, rendering the mushrooms desacralised. This article argues that the desacralisation of psilocybin mushrooms constitutes a form of spiritual abuse that has had far-reaching and long-lasting consequences at individual, local, and global levels. Further, acknowledging and understanding the desacralisation of psilocybin mushrooms as spiritual abuse has important implications for restorative justice and the understanding of psilocybin as a sacred medicine.

Keywords: psilocybin; magic mushrooms; R. Gordon Wasson; Maria Sabina; desacralisation; spiritual abuse

Introduction

This article discusses the history of the uptake of psilocybin mushrooms by Westerners following the uncovering and publicisation of their significance in the healing rituals of the indigenous people of Mexico after American banker and amateur mycologist Robert Gordon Wasson met Mazatec curandero or healer Maria Sabina in the town of Huautla de Jimenez in 1955. Andy Letcher (2008: 84-85; 102) writes that Wasson was immediately struck by Sabina, considering her to be “a woman of rare moral and spiritual power” and that he dismissed the other curanderos as “second rate, practitioners of a degenerate tradition.” In Mazatec culture, hallucinogenic mushrooms are not just ingredients in religious rituals, but channels for the divine. In ceremonies called velado, mushrooms, sometimes called ‘little saints’ or ‘children’, are ingested by ritual specialists to cure the spirit, communicate with Mazatec deities, ask profound questions, and seek guidance from an ‘ultimate source’ (Flores 2018). However, the influx of Western spiritual seekers into Mexico during the hippie era saw the

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hynagogia is the experience of the transitional state from wakefulness to sleep: the hypnagogic state of consciousness, during the onset of sleep. Its opposite state is described as hypnopompic – the transitional state from sleep into wakefulness. Mental phenomena that may occur during this "threshold consciousness" phase include hypnagogic hallucinations, lucid thought, lucid ... The experimenter would need to pre-screen participants' pre-existing self-consciousness and self-opinion to determine how various people will react to being made to look bad. Reactions will vary according to how aware participants are of their appearance, their concern over looking "good," and how they think of themselves. The experimenter would need to pre-screen participants' pre-existing self-consciousness and self-opinion to determine how various people will react to being made to look bad. Reactions will vary according to how aware participants are of their appearance, their concern over looking "good," and how they think of themselves. Biological psychology, or biopsychology, is the application of the principles of biology to the study of mental processes and behavior, that is the study of psychology in terms of bodily mechanisms. The view that psychological processes have biological (or physiological) correlates, is the basic assumption of the whole field of biological psychology. Biological psychology, or biopsychology, is the application of the principles of biology to the study of mental processes and behavior, that is the study of psychology in terms of bodily mechanisms. The view that psychological processes have biological (or physiological) correlates, is the basic assumption of the whole field of biological psychology. Dear Twitpic Community - thank you for all the wonderful photos you have taken over the years. We have now placed Twitpic in an archived state. This is to be interpreted in a wide sense as manifested by the membership which spans the following areas: anthropology, cognitive science, economics, engineering, logic and philosophy of science, mathematics, political science, and sociology. Additional faculty come from management science and psychobiology. Behavioral neuroscience, also known as biological psychology, biopsychology, or psychobiology, is the application of the principles of biology to the study of ... is biological. In other words, the nervous system of the organism under study is permanently or temporarily altered, or some aspect of the nervous system is ... Consciousness;

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