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2pm central time is what eastern time

Time Zones in the United States. The Eastern Time Zone is also known as Eastern Standard Time (EST) falls mostly along the east coast of North America. Its time offset is −5 hours (UTC/GMT -5) during standard time and −4 hours (UTC/GMT -4) during daylight saving time. The time in this zone is based on the mean solar time of the 75th meridian west of the Greenwich Observatory. In the United States and Canada, this time zone is generally called Eastern Time (ET). Specifically, it is Eastern Standard Time (EST) when standard time is observed (winter), and Eastern Daylight Time (EDT) when daylight saving time is observed (spring, summer and autumn). Effective since 2007, the local time changes from EST to EDT at 02:00 LST to 03:00 LDT on the second Sunday in March, and returns at 02:00 LDT to 01:00 LST on the first Sunday in November, in the U.S.A. as well as in Canada. Beginning and end dates of the daylight saving time in the United States and in Canada. North American Time Zones Year Begins Ends 2020 2021 2022 2023 2024 2025 2026 2027 2028 2029 Daylight saving time start and end dates in Canada and in the USA. The time zones in North America, in the west from Hawaii and Alaska to the east cost of USA and Canada and all the way to Nova Scotia and Newfoundland. Greenwich Mean Time (GMT) is originally referring to mean solar time at the Royal Observatory in Greenwich, London. GMT and Coordinated Universal Time (UTC) can be seen equivalent when fractions of a second are not important. When you schedule an appointment in Tutor Match, it is important to check the accuracy of your time zone as accounts automatically default to the Central Time (CST/CDT). You will only need to update your time zone once and thereafter, it will default to your new setting. In order to do this, follow the directions below: After selecting your appropriate subject and course in Tutor Match, you will come to the scheduling screen. Under "Preferred Modality", you will see the current time zone (in this example, CST for Central Standard Time). To change the time zone, click on "Click Here To Change". A separate window will appear as shown below. Underneath the map, click in the circle next to your correct time zone. For reference, time zones are one hour apart. For example, if your appointment is set for 4pm Central Standard Time (CST), that would equate to 2pm Pacific Standard Time (PST), 3pm Mountain Standard Time (MST), and 5pm Eastern Standard Time (EST). Then click "Continue My Scheduling" and complete scheduling your appointment. Your time zone will now be updated for all future appointments. CST or UTC-6 The Central Time Zone subtracts six hours from UTC during standard time (UTC−6) and five hours during daylight saving time (UTC−5). This time zone is called Central Standard Time (CST) during standard time (Winter). It is called Central Daylight Time (CDT) during daylight saving time (Summer). In the United States and Canada, this time zone is often just called Central Time (CT). The zone is one hour ahead of the Mountain Time Zone and one hour behind the Eastern Time Zone. The largest city in the Central Time Zone is Mexico City. In the United States, the largest city is Chicago, and the largest metropolitan area is the Chicago metropolitan area. Places that are in Central Time Zone Canada In Canada, this time zone includes all of Manitoba, nearly all of Saskatchewan, a little part of western Ontario, and part of Nunavut (most of the Kivalliq Region and part of the Qikiqtaaluk Region). United States In the United States, the time zone includes the entire area of the states of Alabama, Arkansas, Illinois, Iowa, Louisiana, Minnesota, Missouri, Mississippi, Oklahoma, and Wisconsin. It also includes parts of Florida, Indiana, Kansas, Kentucky, Michigan, Nebraska, North Dakota, South Dakota, Tennessee, and Texas. Mexico Most of Mexico belongs to the Central Time Zone. The six northwestern states are not part of the time zone. Central america, South America, Oceania Central Time Zone includes the Central American countries of Belize, Guatemala, Honduras, El Salvador, Nicaragua and Costa Rica. In South America, this zone includes the Ecuadorian province of Galápagos. In Oceania, the Chilean Easter Island also belongs to this time zone. Central Daylight Time Daylight saving time occurs from early April to late October. During daylight saving, Central Time Zone is only 5 hours behind Coordinated Universal Time (UTC−5). Most of the locations in Central Time Zone observe daylight saving time. A few places do not. These include Saskatchewan, Central America and Galápagos. They stay on standard time all year. Other websites Website Accurate time for the Central Time zone Archived 2014-10-10 at the Wayback Machine Retrieved from " Note the current Pacific Time. For example, it may be 3 p.m. Pacific Time when you land in New York City. Add three hours to the Pacific Time. So 3 p.m. would now become 6 p.m. in the Eastern Time zone. Take into consideration if it's Daylight Savings Time. Most of the country starts DST at 2 a.m. on the second Sunday in March until 2 a.m. on the first Sunday of November based on the Energy Policy Act of 2005. Page 2 A two-hour time differences separates Central Time from Pacific Time, with Central Time falling two hours ahead. In official terminology, the Central Time Zone is UTC-06, which means the time in the Central Time Zone is six hours behind the Coordinated Universal Time. The Pacific Time Zone is UTC-08. During the fall, winter and spring periods of legal daylight savings time, the Central Time Zone shifts to UTC-05 and the Pacific Time Zone shifts to UTC-07. The Pacific Time Zone lies along the western coast of North America, reaching north from the lower 48 states of the U.S. up into Canada, stopping at the Alaskan border. Moving from west to east, the Pacific Time Zone is follow by the Mountain Time Zone, the Central Time Zone and the Eastern Time Zone, which extends along the eastern seaboard. The western border of the Central Time Zone begins at the northwestern edge of North Dakota and extends jaggedly down to the northwestern edge of Texas, while the eastern edge descends from Lake Michigan in Indiana down through Florida along the line of the Georgia-Alabama border. From north to south, the Pacific Time Zone includes British Colombia, Yukon and the Tungsten in Canada; Washington, Oregon, California, Nevada and Idaho in the United States and the state of Baja California in Mexico. Central Time includes the entirety of one Canadian province and 10 U.S. states, partial sections of three Canadian provinces and territories and 10 U.S. states, most of Mexico and a large part of Central America. Manitoba, Oklahoma, Minnesota, Iowa, Missouri, Arkansas, Wisconsin, Illinois, Louisiana, Mississippi and Alabama all fall completely within the Central Time Zone. The Central Time Zone does not follow such clear boundaries as the Pacific Time Zone, which roughly follows state lines. The Pacific Time zone splits Idaho in half and excludes a small section of Oregon. The Central Time Zone includes the same number of partial states as full states. On both the eastern and western boundaries, the edge of the Central Time Zone cuts five states in two: North Dakota, South Dakota, Nebraska, Kansas and Texas to the west and Michigan, Indiana, Tennessee, Kentucky and Florida to the east. Page 3 The states of Arizona and New Mexico are traditionally associated with hot deserts and dry weather. Mountain ranges branching off from the Rockies run south down their length, dividing the two states into distinctive topographical zones. The deserts typically fall to the west and east of the mountains, with more fertile valleys running down their center. The northeast corner of Arizona contains a large plateau, holding forests and trees amid a high elevation. The elevation climbs the further one heads west, forming a series of mountain ranges. The Grand Canyon lies in the northwest portion of the state amid the mountains. The southwest portion of the state drops away from the mountains, creating vast deserts for which the state is primarily known. Plan a vacation according to what sort of topography you hope to experience. New Mexico consists largely of mesas divided by mountain ranges. The eastern side of the state is gently sloping plains, stretching away from the Sangre de Cristo Mountains toward Oklahoma and Texas. The Rio Grande Valley runs down the middle of the mountains and contains the state's biggest city, Albuquerque. Both Arizona and New Mexico experience extreme temperature variations throughout the year. Temperatures can range upwards of 100 degrees Fahrenheit in the summer in areas below 5,000 feet. Those numbers drop to an average of 50 degrees in January and February. Temperatures are milder in Arizona's mountainous regions - ranging from highs of 80 degrees in the summertime to below freezing in the winter. New Mexico's northeastern plateaus are much the same: topping out in the mid 80s in the summer and ranging down to the 20s and 30s in the winter. Always bring sunscreen and appropriate attire when visiting during the hotter months. Humidity in both states is extremely low, resulting in comparatively little rainfall throughout the year. The deserts of both states, as well as the Rio Grande and San Juan valleys of New Mexico, experience less than 10 inches of rainfall per year. Higher elevations in New Mexico see over 20 inches of precipitation a year - mostly snowfall in the winter - while Arizona's high northern mountains experience copious winter storms that create close to 100 inches of snowfall each year. Pack carefully according to the weather. Climate DangersHigh temperatures are the biggest danger in New Mexico and Arizona's desert regions. With little cloud cover and summer temperatures hitting triple digits, death from exposure is a perennial concern. Floods and storms are infrequent, but the topography sometimes facilitates flash floods, which can occur when several inches of rain fall in a short amount of time. New Mexico also experiences frequent thunderstorms, and tornadoes have touched down in the state from time to time. Download a weather app on your phone to keep in touch with the current conditions. Page 4 The state of California contains several mountain ranges, but there are a few major ones that stand out above the rest. When planning a trip to any of the mountain regions of California, expect to experience different climates based on the time of year and the location of the mountain range. The California Coastal Mountain range runs parallel to the coastline, stretching about two-thirds the length of the state, with a break in the range at the San Francisco Bay area. The peaks of the mountains in this range are typically within 50 miles of the coastline and rise above sea level. The ocean side of the range experiences cool, foggy and moist weather conditions due to the humid air that flows off of the Pacific Ocean. The eastern slopes of this mountain range tend to be drier and warmer. The Sierra Nevada Mountain range is the largest and easternmost range in California. The eastern foothills of this mountain range experience desert-like weather, while the peaks experience arctic-like conditions that cause them to contain varying amounts of snow year round. The majority of the Sierra Nevada range experiences Mediterranean or microthermal weather conditions. The Mediterranean climate dominates the mountain range below 6,000 feet and manifests in cool to cold and wet winters and hot dry summers. The microthermal climate, which has a strong hold on the higher elevations, produces snowfall throughout the year, the majority of which occurs during the winter months. Southern California MountainsSouthern California contains several mountain ranges, including the San Bernardino, San Gabriel and Tehachapi ranges. The Southern California mountain ranges experience similar weather patterns to the Sierra Nevada range, but do not experience as much snowfall in the upper regions due to their lower elevations. As with the state's other mountain ranges, the eastern and interior sides of these mountains experience warmer and drier weather patterns throughout the year, while the sides facing the ocean experience cooler and damper winters. Typically, the higher elevations of these mountains experience snowfall between November and April. The California mountain ranges offer a variety of activities and attractions, including hiking trails, skiing and snowboarding, camping and fishing. Because of their higher elevations, the Sierra Nevada Mountains are a common destination for skiers and snowboarders due to a long ski season. The Southern California mountains also offer skiing, but it is largely limited to the winter months. Summer activities, such as camping and hiking, are ideal for these mountain ranges. The Coastal Mountain Range, like the Southern California ranges, offers camping and hiking options and the massive Redwood Forest. Page 5 Home to golden sand beaches, snow capped mountains and rugged stretches of high desert, Southern California has a diversity of locations that are great for camping out. With some of the best weather in the continental United States, Southern California also offers the opportunity to spend the night outdoors in any season. The only thing holding back those that want to go camping in Southern California is knowing where to go. With five miles of Pacific coastline and more than 70 miles of hiking trails in the Santa Monica mountains, Point Mugu State Park is a convenient destination for day trips from nearby Los Angeles. For campers, however, the park offers two very different sites. Sycamore Canyon is half a mile inland in a mountain valley shaded by large trees and close to many trails that wind through the coastal range. Thornhill Broome Beach is right on the sand and offers primitive camping along a two-mile stretch of prime Pacific surf. The park's coastal location can be hot during the summer, is pleasant most of the fall and spring, and can be quite chilly in the winter. Point Mugu State Park 9000 W. Pacific Coast Highway Malibu, CA 90265 818-880-0363 parks.ca.gov?page_id=630 Home to 10,000-foot-tall mountains that loom over eastern Los Angeles, Mount San Jacinto State Park is a world away from the urban landscape that lies below. The park has two drive-in campgrounds and four hike-in, primitive campgrounds located in pristine alpine environments near granite peaks and wildflower-studded meadows. Miles of hiking trails leave the campsites and explore the wilderness of the park, including the trail to the peak of Mount San Jacinto itself. The park is sunny and warm in the summer, crisp and cool in the spring and fall, and can become snowed in during the wintertime. Mount San Jacinto SP P.O. Box 308 25905 Highway 243 Idyllwild, CA 92549 951-659-2607 parks.ca.gov?page_id=636 Located in the high desert of inland Southern California, Joshua Tree National Park is one of the busiest camping destinations in the state. The park has nine campgrounds, many of which are located among the wind-sculpted red rock formations that dot the park. Joshua Tree offers visitors the chance to hike interpretive trails, explore more than one desert oasis and learn about the ecology of the high desert. Joshua trees fill the lower valleys like true forests and give this area of the inland desert a lush feel than the surrounding areas. The weather in the park is warm and pleasant in the spring and fall, sunny and beautifully crisp in the winter, and too hot for most in the summertime. Joshua Tree National Park 74485 National Park Drive Twentynine Palms, CA 92277 760-367-5500 nps.gov/jotr Page 6 Three national parks—Yosemite, Sequoia and Kings Canyon—surround Fresno, California. Yosemite is famous for its waterfalls. Yosemite Falls is the fifth highest waterfall in the world with a 2,425-foot drop. The waters of Bridalveil Fall blow sideways, giving it a veil-like appearance. Both Sequoia and Kings Canyon are home to the tallest trees in the world, deep canyons and large caverns. Nature enthusiasts who want to visit these parks can stay at several nearby RV parks in Fresno. Blackstone North RV Park offers guests nightly, weekly and monthly rates. The park has 94 RV camping sites and plenty of trees to shade campers from the hot California sun during the summer. The park provides water, sewer and electric hookups. Park amenities include restrooms and a laundry facility. The park is also pet friendly: pets stay for free. Blackstone North RV Park 6494 N. Blackstone Avenue Fresno, CA 93710 (559) 439-1123 blackstonenorthrvpark.com New Horizons Mobile-RV Park is located in a shady, country setting. Full electric, water and sewer hookups are available at all 64 RV sites. This park has a recreation room where guests can watch cable TV or play foosball. The recreation room houses a large, fully equipped kitchen for guest use. Amenities include Wi-Fi throughout the park and laundry facilities. Campers also have access to a pool, horseshoe pit and shuffleboard court. The covered shuffleboard area has a water mist machine where guests can cool off. Pets are welcome, however, there are size and breed restrictions. All pets must be on a leash while outside of the RV. New Horizons Mobile/RV Park 3147 W. Olive Avenue #20 Fresno, CA 93722 (559) 275-0154 fresnomobilehome-rvpark.com The Visalia-Fresno South KOA is located in the San Joaquin Valley. Shaded RV sites include electric, water and sewer hookups. The park provides guests with free Wi-Fi and cable TV, though telephone service is available for a fee. There is also a bathroom house for guests. The recreation room includes a game room, pool table and ping-pong table. Outdoor activities include swimming in a heated pool, basketball, horseshoes, volleyball and a playground. This RV park even has a gift store and a snack bar. The RV campground has a fenced-in dog walk, though dogs must remain on a leash at all times. Visalia-Fresno South KOA 7480 Avenue 308 Visalia, CA 93291 (559) 651-0544 koa.com/where/ca/05180/ Page 7 Walnut Creek is about 20 minutes from Oakland and 30 minutes from San Francisco, but despite its close proximity to major metropolitan areas, the city still has a small-town feel. With its downtown shopping district, parks and open spaces, and a variety of museums and other cultural attractions, the city has activities for outdoor enthusiasts and leisure travelers alike. Mount Diablo State Park is 15 minutes from Walnut Creek and known for its extensive trail system and scenic views. Activities include hiking, horseback riding, swimming, fishing and picnicking. There is also a lake where visitors can rent motorboats, patio boats, pedal-boats, canoes and kayaks. Del Valle Regional Park 7000 Del Valle Road Livermore, CA 94550 (888) 327-2757 ebparks.org Page 8 Located in Victorville itself, the Shady Oasis Kampground (shadyoasis.trpod.com) has tent sites , RV sites and cabins. Some tent sites include water and electric. The RV sites range from water only to full hook-ups. The one-room cabins sleep up to four people. Monthly rates are available. Shady Oasis has a convenience store, restrooms, a dump station, showers and picnic tables. It offers a playground, a swimming pool, a volleyball court, a nature walk, arcade games, bike rentals and a basketball court. Bingo nights are held on the holidays. The campground has been in operation since 1967. Part of the San Bernardino County Park system, the Mojave Narrows campground (sbcounty.gov) is in on the southern end of Victorville; it is less than a mile from Horseshoe Lake. The campground has primitive sites for tents and full hook-up sites for RVs. Any size RV can be accommodated. The park offers restrooms, showers, barbecue grills, fire pits, picnic shelters, tables and a dump station for RV sanitation needs. Fishing is available throughout the year along the Mojave River. The campground features a playground and nature trail: horse and pony rental is available. The Adelanto RV Park (adelantortvpark.com) is located 13 minutes northwest of Victorville in the town of Adelanto. This facility offers full-hook-up RV sites on a nightly, weekly and monthly basis. Seniors – and campers who rent by the day – receive 10-percent discounts. Recreation facilities on the grounds include a swimming pool, a spa, a clubhouse and horseshoe pits. Among its basic amenities are restrooms, showers, a laundry room and a dump station. Theee park operates a grocery store and sells propane gas. The Hesperia Lake Park (hesperiaparks.com) is owned and operated by the city of Hesperia; it is located 20 minutes south of Victorville. The campground has a variety of sites, including some with water and electric hook-ups. Each site has a picnic table and fire ring. Bathrooms, showers and drinking water are on the grounds. The park is the home of the Hesperia Days celebration, an annual event that includes a rodeo, a parade and fireworks display. Campers often fish and hike along the lake. A camp store sells bait, tackle, camping supplies, drinks and snacks. Page 9 The Turlock Lake State Recreation Area (parks.ca.gov) offers campsites 25 miles east of Modesto, along the south edge of the Tuolumne River. The park features sites for tent campers and RVs up to 27 feet in length. Amenities include restrooms, picnic tables and fire grills. The recreation area offers 26 miles of shoreline along Tuolumne River and Turlock Lake. A boat launch ramp at the lake is available for power boats, canoes or kayaks. The lake is a good spot for swimming, water skiing and fishing. Caswell Memorial State Park (parks.ca.gov) – located on the Stanislaus River west of Modesto – offers campsites situated in a riparian oak woodland. Keep an eye out for the riparian brush rabbit, an endangered animal that lives only in the immediate area. Campsites for RV and tent campers feature picnic tables and fire pits. Onsite amenities include restrooms with showers. The park features a hand boat-launch for canoes and kayaks. In the summer, the river makes a good place to take a cooling dip. Several walking trails take you through the oak forest and along the river. The Woodward Reservoir Regional Park (stanconty.com) – located 17 miles east of Modesto – offers campsites along the 2,900-acre reservoir. The sites are spread out over several campgrounds, with Hackberry Flats being the only campground offering electricity and water hookups. Amenities include picnic tables, fire pits and restrooms. The park features a picnic shelter and a concession stand for last-minute camping supplies. Woodward Reservoir offers swimming, fishing and water sports, including jet and water skiing. The park provides a boat ramp. Fish on area lakes and rivers for bass, bullhead, catfish and sturgeon. Pick up your California state fishing license at sporting goods stores or bait shops in Modesto before you cast your line. For fresh fruits and vegetables, head to Modesto's Farmers Market (modestocfm.com) for a taste of what's grown in the area. Local farms sell products such as fresh herbs, spice mixes, sauces, candies and freshly cooked food items. Page 10 The campground offers 57 campsites for RV and tent campers located alongside the Little Grass Valley Reservoir. Some of the campsites offer lake views with all of the sites within walking distance of the water. Thanks to its high elevation, the campground stays open from Memorial Day weekend through Labor Day with later openings possible due to lingering snow pack. The paved campsites fit RVs up to 35 feet. RVs will find a dump waste station at the nearby Little Beaver Campground. Each campsite features a picnic table and a fire ring, but no hookups are available for RV campers. Restrooms with flush toilets are scattered throughout the campground. You'll also find potable water piped in just for the campground's use. During the summer, the campground features 10 campfire programs at the amphitheater, including a kid's fishing derby and a celebration of Snokey the Bear's birthday. Head to the lake for swimming, sunbathing, kayaking and canoeing. The nearest boat launch is located within 10 miles of the park at Little Beaver Campground. Cast your fishing line for rainbow or brown trout and Kokanee salmon. For hikers, part of the 2,600-mile Pacific Crest Trail goes through the area, allowing you to get a feel for what the long and winding trail offers. Another hiking option includes the 22-mile Lakeshore Trail available to hikers, mountain bikers and horseback riders. At 5,000 feet in elevation, the campground experiences warm days and cooler nights, so layered clothing works best. Come prepared for plenty of sun with sunglasses, sunscreen and hats to keep sunburn to a minimum. The small town of La Porte, just a three-mile drive from the campground, features a grocery store for last-minute camping supplies, groceries and gas. If you plan to fish, buy a California state fishing license at a sporting goods store before casting your line.

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